

He Gets Us.

Jesus is in it for the long haul, all the way. So I stay honest with myself daily.

June 19, 2022 Message Notes

TEXT: PHILIPPIANS 3:12-16, JOHN 8:11

We are in some of the holes we are in because of our own choices. When we start to see that and own it, we can begin to take action and shift the trajectory of our lives. There are daily steps we can take for daily peace of mind to come.



NOTES

This is life's continuing quest – to become aware of our personal and individual needs, our falling and failing, and then openly acknowledge accountability for being there.

We are in some of the holes we are in because of our own choices. When we start to see that and own it, we can begin to take action and shift the trajectory of our lives.

We can walk around the deep dark holes and eventually walk down a whole new street.

“I see men like trees walking.”

MARK 8:24 NKJV

“When someone becomes a Christian he becomes a brand new person inside. He is not the same anymore. A new life has begun.” “Old things have passed away; behold, all things are become new.”

2 CORINTHIANS 5:17 TLB, KJV

“Let him who is without sin cast the first stone.”

JOHN 8:7 KJV

He asked them to do a searching moral inventory; to take a look in the mirror.

“Where are your accusers? Does no one condemn you?” “No one, sir.” “Then neither do I.”

JOHN 8:10-11 NIV

Jesus offers forgiveness and freedom.

Sin is serious. Sin is deadly.

Following our broken moral compass and making mistaken, sinful choices are how we fell in the hole to begin with.

“Go and leave your life of sin.” “Go and sin no more.”

JOHN 8:11b NIV, KJV

Jesus' words have the promise of God-empowerment in them. We can be free from our past mistakes and walk with the Lord down a whole new street.

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.

The Process is Ongoing:

- Moral Inventory (Steps 4,10)



- Admission (Steps 1, 5)
- Contrition and Surrender (Steps 3, 6, 8)
- Confession (Steps 2, 7)
- Restitution and Amends (Step 9)

This is a lifelong process for those who want personal spiritual freedom and ongoing peace of mind and mental health.

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There are daily steps to be taken for daily peace of mind to come.

“Whatever you have learned or received or heard from me, or seen in me – put into practice. And the God of peace will be with you.”

PHILIPPIANS 4:9 NIV

“I don’t mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. Let all who are spiritually mature agree on these things.”

PHILIPPIANS 3:12-15a NLT

“It’s not the mountain we conquer but ourselves.” – Sir Edmund Hillary

“Better to have self-control than to conquer a city.”

PROVERBS 16:32 NLT

Three R’s of Spiritual Growth to Health and Freedom

- Realize my need
- Release my past
- Reach for God’s goal for my life

We never outgrow the need to grow.

“Most men die at 25, but just aren’t buried until they’re 75.” – Benjamin Franklin

He Gets Us means Jesus knows what we are going through and can meet us there and help us every day along the way to experience the love of God, our heavenly Father.

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.



We are talking about a way of life that leads to health, continued growth and peace of mind.

“The Spirit of the Lord is upon me, for he has anointed me to bring good news to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, and that the time of the Lord’s favor has come.”

LUKE 4:18-19 NLT

Jesus is in it for the long haul, all the way. So, I stay honest with myself daily.

Are you tired of falling in holes? It happens to all of us. Freedom is possible in Christ.

