

He Gets Us.

Jesus knows that I'm not okay, so I admit I need help

April 17, 2022 Message Notes

TEXT: LUKE 24:1-8, ROMANS 7:18, MARK 2:17

Happy Easter! Today we celebrate the resurrection of our Lord and Savior, Jesus Christ. Thousands of years ago he was put to death on a cross, even though he'd done nothing wrong. He took the penalty for our sins. He was put in a tomb with a huge stone over the entrance, but three days later, when some of his friends went to the tomb, they found it empty with only the cloth used to wrap Jesus's body. His resurrection brings new hope and freedom.



NOTES

Jesus Christ was put to death on the cross, even though he'd done nothing wrong. He took the penalty for our sins. He was put in a tomb with a huge stone over the entrance.

On Sunday, when some of his friends went to the tomb, they found it empty with only the cloth used to wrap Jesus's body.

“Why do you look for the living among the dead? He is not here; he has risen! Remember how he told you when he was still with you in Galilee, ‘the Son of Man must be delivered into the hands of sinners, be crucified and on the third day be raised again.’ Then they remembered his words.”

LUKE 24:5-8

Some think that if we come to the Father through Jesus, he's going to put us in a hole, take our joy away, make us pay for what we've done and load us up with guilt, fear and all kinds of rules.

“I have come that they might have life and have it to the full.”

JOHN 10:10

“Why do you look for the living among the dead?”

LUKE 24:5

We are so hungry for hope, for life and for joy that we look for it all the time – in thrills, pleasures, drugs, sex, power, control – but wind up in dead places.

It's not hard to get discouraged – which leads to despondency, then depression and then despair.

“... he was delivered into the hands of sinners ...”

LUKE 24:7

Have you ever felt like that? In the hands of someone who is sinning on you?

We all practice ‘denial’ when we are hurting and feel at risk.

Reports say we are lonely, anxious, depressed, and hurting; that we feel sad, mad and on the verge of hopelessness.

But...Jesus gets us!

He understands life in this world, life in the cemetery, life at the hands of imperfect people who don't get it right.



What are we to do?

The first step in any recovery program is admission.

“We admitted we were powerless over _____, that our lives had become unmanageable.”

The Bible is full of invitations to step out of denial and admit that we need help.

“I know that nothing good lives in me, that is, in my sinful nature. I have the desire to do what is good, but I can’t carry it out.”

ROMANS 7:18

You can think you're so good that you don't need Jesus, but you can never be too bad for Him.

“It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.”

MARK 2:17

The sooner I admit my need, the sooner I will experience Jesus’ healing.

Jesus was on the cross for us – his body broken to meet us in our brokenness, his blood poured out to cover our sins. His resurrection brings new hope and freedom.

Fire will not burn where fire has already burned.

The devastating power of sin, self and death is like a brushfire consuming us all in its burn.

The death of Christ, where sin did its worst, is that burned-out place where sin and death have been destroyed. It’s from there we celebrate today.

How do you get to that place?

I admit I need help. God’s help.

“What difference would it make if I welcome Dr. Jesus to help me face my problems?”

“Where am I in denial right now?”

“What if I take the next step in my Christ journey to freedom?”

Jesus gets us!

